

# SUMMER ATHLETIC PROGRAMS 2012

## EXTENDED DAY CAMPS

Children registered for our summer programs may choose to arrive early at 7:30 a.m. and/or stay late until 5:00 p.m. for our extended camp. Children will participate in staff-supervised activities.

**Dates:** June 4-8 (Session 1); June 11-15 (Session 2); June 18-22 (Session 3); June 25-June 29 (Session 4); July 16-20 (Session 5); July 23-27 (Session 6)

**Grades:** Rising K-8th

**Time:** 7:30-9:00 a.m. (AM Extended Day Camp); 3:30-5:00 p.m. (PM Extended Day Camp)

**Fee:** \$40 per week per AM or PM

## BASEBALL FUN-DAMENTALS

Join WSA Head Baseball Coach Keith Romer and staff as they teach the fundamentals of baseball in an age-appropriate, fun and challenging environment. Your little slugger will learn to throw, catch, field and hit like a pro while engaging in a fun atmosphere filled with game play, drills and competition.

**Dates:** June 4-8 (Session 1)

**Grades:** Rising 1st-4th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Keith Romer,  
Westminster Head Baseball Coach

## BASEBALL: ADVANCED SKILLS AND STRATEGIES

Join WSA Head Baseball Coach Keith Romer and staff as he shares his 15-plus years of college and high school coaching experience in this elite camp. Professional-level instruction will be tailored to each student's ability and experience and team concepts will be learned to help each player's development in the Middle School program.

**Dates:** June 4-8 (Session 1)

**Grades:** Rising 5th-8th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Keith Romer,  
Westminster Head Baseball Coach

## BASKETBALL FUN-DAMENTALS FOR BOYS

Join CSRA Eagles Head Coach and former Westminster star Chad Cook for a week of fun, skill development and game play. Players will learn the fundamentals of shooting, dribbling, rebounding, passing and defense in a fast-paced and exciting environment.

**Dates:** May 29-June 1 (Pre-Session: 4 days)

**Grades:** Rising 1st-4th

**Time:** 8:30 a.m.-noon (special hours)

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Chad Cook,  
CSRA Eagles Head Coach

## BASKETBALL FUN-DAMENTALS FOR GIRLS

Join WSA Teacher and Coach Mike Greiner for a week of fun, skill development and game play. Players will learn the fundamentals of shooting, dribbling, rebounding, passing and defense in a fast-paced, exciting environment.

**Dates:** June 18-22 (Session 3)

**Grades:** Rising 2nd-5th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Mike Greiner,  
Westminster Middle School Coach  
and 4th grade teacher

## BASKETBALL: ADVANCED SKILLS AND STRATEGIES FOR BOYS

Join CSRA Eagles Head Coach and former WSA star Chad Cook and staff for an exclusive camp that focuses on individual instruction, technical training and advanced game play strategies. Drills, conditioning and game play will be emphasized in this exciting camp.

**Dates:** May 29-June 1 (Pre-Session: 4 days)

**Grades:** Rising 5th-8th

**Time:** 12:30-4:00 p.m.

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Chad Cook,  
CSRA Eagles Head Coach

## BASKETBALL: ADVANCED SKILLS AND STRATEGIES FOR GIRLS

Join CSRA Eagles Head Coach and former WSA star Chad Cook and staff for an exclusive camp that focuses on individual instruction, technical training and advanced game play strategies. Drills, conditioning and game play will be emphasized in this exciting camp.

**Dates:** May 29-June 1 (Pre-Session: 4 days)

**Grades:** Rising 6th-8th

**Time:** 12:30-4:00 p.m.

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Chad Cook,  
CSRA Eagles Head Coach

### **CHEERLEADING: LOWER SCHOOL**

Join WSA cheerleading coaches for this fun and challenging week of skill development and team building. Coaches will focus on motions, tumbling, stunting and jumping. Girls will also learn material for a performance at the end of the week.

**Dates:** June 4-8 (Session 1),  
June 11-15 (Session 2)

**Grades:** Rising 1st-5th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructors:** Amanda Ebersole  
and Jordan Lambert,  
Westminster Cheerleading Coaches

### **CHEERLEADING: MIDDLE SCHOOL/JV**

Join WSA cheerleading coaches for this fun and challenging week of skill development and team building. Coaches will focus on motions, tumbling, stunting and jumping while preparing for the fall cheer season.

**Dates:** June 4-8 (Session 1),  
June 11-15 (Session 2)

**Grades:** Rising 6th-9th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructors:** Amanda Ebersole  
and Jordan Lambert,  
Westminster Cheerleading Coaches

### **FOOTBALL FUN-DAMENTALS**

Join WSA Head Football Coach Andrew Bryan and staff for a week of fun, skill development and game play. Players will learn the fundamentals of blocking, tackling, positional play and team offensive/defensive concepts in a safe and fun environment.

**Dates:** June 25-29 (Session 4)

**Grades:** Rising 1st-4th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Andrew Bryan,  
Westminster Head Football Coach

### **FOOTBALL: ADVANCED SKILLS AND STRATEGIES**

Join WSA Head Football coach Andrew Bryan and staff for a fun and challenging week of skill development, game play and team building. Players will be submersed in advanced technical training and learn the team offensive and defensive strategies that they will use in the fall season.

**Dates:** June 25-29 (Session 4)

**Grades:** Rising 5th-8th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Andrew Bryan,  
Westminster Head Football Coach

### **SOCCER FUNDAMENTALS**

Join two time WSA state champion and Head Soccer Coach Mike Freace and staff for an exclusive camp that focuses on individual instruction, technical training, and small sided games to improve each player's abilities and confidence. Coach Freace holds a NSCAA Advanced National Diploma and a NSCAA State Goalkeeping Diploma.

**Dates:** July 23-27 (Session 6)

**Grades:** Rising 1st-4th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Mike Freace,  
Westminster Head Soccer Coach

### **SOCCER: ADVANCED SKILLS AND STRATEGIES**

Join two-time WSA state champion and Head Boys and Girls Soccer Coach Mike Freace and staff for an exclusive camp that focuses on individual instruction, technical training, and small sided games to improve each player's abilities and confidence. The timing of the camp is perfect for preparation for the upcoming club seasons for both boys and girls.

**Dates:** July 23-27 (Session 6)

**Grades:** Rising 5th-8th

**Time:** 9:00 a.m.-noon

**Fee:** \$150 (Early Bird: \$135)

**Lead Instructor:** Mike Freace,  
Westminster Head Soccer Coach

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### **DISCOUNT OPPORTUNITIES**

There are two ways to earn discounts for Westminster Summer Programs in 2012. The first is to register online before March 31. The second way to earn a discount is to register for multiple camps. Each child who registers for three or more camps/classes will receive 10 percent discount on the total fees paid. This discount only applies if the same child registers for three or more camps/classes.