

LOWER SCHOOL

We offer two plans for Lower School families:

❖ Meal Plan

Includes daily choice of soup, entrée, starch, two vegetables, pasta with sauce, and a choice of milk, juice or water. Students can return for a second helping if they've finished their first.

Full Year.....\$825
 Fall Semester.....\$460
 Spring Semester.....\$460
 Monthly.....\$105*

**Full Year
 Early Bird Special!
 Pay only \$725
 if you enroll by
 Aug. 8!**

How to Enroll

We accept CHECKS ONLY made payable to Flik Dining, along with the attached enrollment form. **Drop off payments by Aug. 8** to ensure your child will be added to the lunch roster. Lunch starts Aug. 9.

- If you choose the month or semester plan, make each payment before the first of the month or semester so that lunch service is not interrupted for your child.
- You can opt in/out of the monthly plan at the beginning of any month. Contact Keith Boring for details.
- This plan is best for kids who will eat lunch daily. The declining balance plan is better for those who want to pick and choose each day.

***Please note:** Payment for August is \$75, a special rate for your child to try the program. If he/she decides to continue, you can choose the monthly plan or choose the semester or yearly plan, both prorated. Payment is \$75 for December also.

❖ Declining Balance Plan (LS)

This option allows for our youngest students to purchase lunch items a la carte. Go to wsa.net/lunch for items and prices. To enroll you must create and manage an account online at myschoolbucks.com. The minimum to open an account is \$25. Before setting up the account, contact Keith Boring for an ID number for your child.

MIDDLE/UPPER SCHOOL

We offer two plans for Middle and Upper School families:

❖ Yearly Meal Plan **NEW!**

Includes one entrée, three sides, one dessert, and a small drink each day lunch is served. You can opt in at anytime before the end of the first semester; we will prorate the cost depending on the date you enroll.

Yearly Meal Plan \$1000

Please note: Students must have a declining balance account (see below) if they wish to purchase any additional food items.

**Meal Plan
 Early Bird Special!
 Enroll by Aug. 8
 and pay only \$900!
 by Aug. 8!**

To enroll, we accept CHECKS ONLY made payable to Flik Dining. Drop off to the Business office, located in the Lower School, along with the attached enrollment form or mail with your check:

Please drop off payments by Aug. 8 to ensure your child will be added to the lunch roster. Lunch starts Aug. 9.

❖ Declining Balance Plan (MS/US)

This prepaid option allows for students to purchase breakfast, lunch, and snack items a la carte. To see the list of items available along with prices, go to wsa.net/lunch.

We recommend at least \$30 per week for students who plan to eat lunch daily. There must be sufficient funds in the account to pay for food items. There are no cash sales, and we will no longer allow negative balances.

To enroll you must create and manage an account online at myschoolbucks.com. The minimum to open an account is \$25. Before setting up your account, contact Keith Boring for a student ID number for your son/daughter.



SIGN UP TODAY!

Student Name _____

Parent Name _____

Phone (____) _____

Email _____

Address _____

City/State/Zip _____

Please check all that apply:

Lower School Meal Plan

- Full Year Plan \$725 (Early Bird by Aug. 8)
- Full Year Plan \$825
- Fall Semester \$460
- Spring Semester \$460
- Monthly \$105
 except Aug and Dec..... \$75

Middle/Upper School Meal Plan

- Full Year Plan \$900 (Early Bird by Aug. 8)
- Full Year Plan \$1000

Parent Signature _____

Drop form with a check made payable to Flik Dining to the Business Office in the Lower School or mail to:

Westminster Schools of Augusta
 attn: Flik Dining
 3067 Wheeler Rd., Augusta, GA 30909



Account features for Declining Balance Plan include: myschoolbucks.com

- Check Account Balance
- Set Up Automatic Payments
- View Purchases
- View Payment History
- Make Payments
- Low Balance Alert via Email

Receive \$25 BONUS BUCK\$ when you add \$200 or more to your account by Aug. 8.

Contact Chef Keith Boring at keith.boring@compass-usa.com or 706-731-5260, ex. 2328

PROGRAMMING



The Sustainable Eating and Environmental Dining (S.E.E.D.) program was designed as our way of ensuring that we are engaging in positive practices that complement the Flik Independent School Dining's food and nutrition philosophy. The goal is to protect the environment and the ability for future generations to thrive. This year's S.E.E.D. program focus is Love Food, Not Waste. Through this program we will focus on many different ways the dining services staff can help the school and community live more sustainably.

Some of the other programs featured this year include:

Tastings

Tastings is an opportunity for culinary experimentation and menu building, as well as for communication with students. Tastings are a great (and simple!) way to generate interest in the dining program by highlighting something special and to encourage students to try a small amount of a new healthy food or dish. The idea is that this exposure will lead to acceptance – and enjoyment! – of this food.



Food Focus

Our monthly Food Focus is a way of introducing culinary trends and traditions to your student. We're sliding into the 2018 fall semester with #foodfocus sliders! Each month we will offer an assortment of #flikslides, perfectly sized variations of poultry, vegetarian and classic beef sliders!

Traveling Flavors

Last year we went around the world. This year Traveling Flavors will be taking off on a road trip to give you some of the best All-American BBQ there is to offer! From Kansas City and the Carolinas to Memphis and Texas, we'll be exploring the different variations of BBQ!



Healthy Foods Matter

Beans Matter and we will be #BeanDippin with a variety of dips

and spreads that highlight a variety of beans to show that beans aren't only healthy, they're delicious!



CLEAN EATING FOR BETTER LIVING

We believe food is an education and a path to a HEALTHY LIFESTYLE so we focus on bringing you INNOVATIVE MEALS that are:

UNIQUE, FLAVORFUL and designed to satisfy your NUTRITION needs

Made with FRESH and AUTHENTIC INGREDIENTS to excite your taste buds

Grounded in WELLNESS to fuel your day

Created with SUSTAINABLE and RESPONSIBLE practices

Please direct questions about your Flik account to:

Chef Keith Boring

Keith.boring@compass-usa.com
706-731-5260, ex. 2328

Nourishing a Brighter Future



2018-2019 Meal Plan Options

Westminster Schools of Augusta



wsa.net/lunch